



Item	Serving Size	Calories	Carb (g)	Fiber (g)	Pro (g)	Fat (g)	Sat. Fat (g)	Chol (mg)	Sodium (mg)
<u>Burgers</u>									
Bacon Blue Burger	1 each	744	46	2	49.7	38.7	15.7	142	1315
BBQ Bacon Cheddar Burger	1 each	750	50.8	2	48.7	36.9	14.4	141	1269
Cheese Burger	1 each	651	47.3	2	42.9	31	12.4	126	908
Mushroom Swiss Burger	1 each	684	48.5	2.4	46.2	32.5	13.7	130	821
Sirloin Burger	1 each	672	47	2	49.4	32.8	11.9	154.8	450
<u>Chicken</u>									
Buffalo Chicken Sandwich	1 each	654	61	3	31.4	31.1	10.2	78.8	1720
Chicken Parmesan Sandwich	1 each	651	62.1	2.8	32.9	27.7	7.7	75.7	1235
Fried Chicken Breast Sandwich	1 each	508	54.3	2.2	42.2	12.5	2.7	88.7	1065
Grilled Chicken Breast Sandwich	1 each	438	45.1	2	43.6	7.7	1.7	96.4	549
Fried Chicken Tenders	3 piece	512	24.5	0	28.9	33	7.5	98.6	822.8
Fried Chicken Tenders	5 piece	853	40.8	0	48.2	55.1	12.4	164.3	1371.3
Philly Chicken Sandwich	1 each	779	53.8	3.4	70.7	30.7	11.2	166.9	964
<u>Other</u>									
Philly Steak Sandwich	1 each	742	53.2	3.4	58.3	32.6	12.4	139.3	1294.2
Seasoned French Fries	3 oz	287	35	3.5	2.9	15.2	3	0	545
Onion Rings	8 rings	276	31.3	1.7	3.7	15.5	7	14.1	429.9
French Fries	3 oz	287	35	3.5	2.9	15.2	3	0	165
Veggie Burger	1 each	307	38	6.3	23.6	6.5	1.8	0	700.1
Bacon	2 slices	87	0.2	0	5.9	6.7	2.2	17.6	369.6
American Cheese	1 slice	94	2.2	0	5.2	7.1	4.2	22.7	358.6
<u>Breakfast</u>									
Plain Biscuit	1 each	95	12.6	0.5	2	4.1	1	0.3	291.6
Biscuit and Gravy	1 each	304	24.1	1.2	7.4	19.8	4.5	24.2	799.1
Egg and Cheese (Combo) Biscuit	1 each	345	17.3	0.2	20.2	21.2	8.6	420	1085
Combo Biscuit with Bacon	1 each	368	17.4	0.2	23.1	24.6	9.7	429	1270
Combo Biscuit with Sausage	1 each	550	19.2	0.5	28.8	39.1	12.7	274.5	1461
Combo Biscuit with Steak	1 each	502	25.2	0.7	30.3	30.4	10.3	262	1070
Combo Biscuit with Chicken	1 each	461	27	0.6	23.8	28.5	7.8	321	1228
Chicken Biscuit	1 each	290	24.3	0.6	10.6	16.9	2.9	24.7	669.8
Steak Biscuit	1 each	368	23	0.7	20.1	21.2	6.2	60	614.5
Bacon Biscuit	1 each	171	17.1	0.5	5.1	9.1	2	9.2	553
Sausage Biscuit	1 each	416	17	0.5	18.7	29.9	8.6	71.8	1005.2
Scrambled Eggs	4 oz	156	2.5	0	13	10	3.4	397.2	435.6
Sausage Patty	1 each	192	0	0	16.5	24.1	7.7	71.4	637
Hash Round	2 oz	148	15.5	2	1.3	9.4	1.7	0	405