

An Bhialann

Week 2



	Monday	Tuesday	Wednesday	Thursday	Friday
Simmer	Mushroom & Thyme	Creamy Leek and Potato	Tomato and Basil	Chicken Noodle Soup	Vegetable
	Vegetable	Vegetable	Vegetable	Vegetable	Vegetable
Daily Roast	Roast Pork Loin served with a wholegrain mustard sauce	Roast Chicken Breast with a herb scented cous cous and a tomato salsa	Roast Beef olives served with a roast onion gravy	Roast Turkey Breast served with a herb stuffing and a cranberry sauce	Roast Chicken Legs served with a Chasseur sauce
	Baked Salmon Fillet served with a light hollandaise sauce	Roast pepper and blue cheese quiche served with a mixed leaf salad	Chicken and button mushrooms in a light garlic and white wine sauce	Beef and Ale casserole in a rich gravy with baby new boiled potatoes	Fish and Chips served with a homemade tartar sauce
Combination	Daily Selection of Fresh Vegetables and Potatoes	Daily Selection of Fresh Vegetables and Potatoes	Daily Selection of Fresh Vegetables and Potatoes	Daily Selection of Fresh Vegetables and Potatoes	Daily Selection of Fresh Vegetables and Potatoes
World	Chinese Day	Mexican Day	Thai Day	Indian Day	
	Sweet and Sour Chicken served on a bed of rice accompanied with prawn crackers	Beef Burritos in a tomato and garlic sauce	Thai Fish Cakes served with savoury rice and a sweet chilli sauce	Chicken in a mild Korma sauce served with fragrant rice	All Day Breakfast
	Vegetarian Chow main with egg fried noodles in a light Soya sauce	Vegetable and mixed bean chilli served on a bed of rice	Vegetable Spring Rolls served with a hoi sin sauce	Vegetable Madras accompanied with nann bread	
Vegetarian					
Student Special Pasta	Mediterranean vegetable and penne pasta bake served with garlic bread	Pasta served with baby spinach and mozzarella cheese with garlic bread	Leek and Mushroom Pasta bake served with garlic bread	Penne Pasta cooked in a creamy ham and bell pepper sauce with a side of garlic bread	Macaroni pasta coated in a basil and plum tomato sauce served with garlic bread
Grill Bar	Chicken Kiev Baked Potatoes with a choice of toppings Fully Loaded Burgers	Pizza Slice Baked Potatoes with a choice of toppings Fully Loaded Burgers	Chilli Beef Nachos Baked Potatoes with a choice of toppings Fully Loaded Burgers	Southern Fried Chicken Baked Potatoes with a choice of toppings Fully Loaded Burgers	Garlic Mushrooms Baked Potatoes with a choice of toppings Fully Loaded Burgers