



Nutritional Information

NACHOS	Serv. Size	Calories	Carbs	Protein	Fat	Sat. Fat	Sodium	Cholesterol
VEGETARIAN NACHOS	13 OZW	1294	127	39	73	27	3492	98
PORK NACHOS	16 OZW	1496	128	59	86	32	4226	151
CHICKEN NACHOS	16 OZW	1496	128	56	87	31	4459	172
BEEF NACHOS	16 OZW	1592	129	58	96	37	4013	161
TACOS	Serv. Size	Calories	Carbs	Protein	Fat	Sat. Fat	Sodium	Cholesterol
PORK SOFT TACO	4 OZW	300	18	18	17	8	675	51
BEEF SOFT TACO	4 OZW	338	19	18	21	10	590	55
CHICKEN SOFT TACO	4 OZW	300	18	17	17	8	768	60
PORTABELLO SOFT TACO	3 1/2 OZW	230	22	10	12	7	390	30
PORTABELLO HARD TACO	2 3/4 OZW	140	13	5	8	3.5	150	15
CHICKEN HARD TACO	3 1/4 OZW	205	10	12	13	5	526	45
PORK HARD TACO	3 1/4 OZW	205	10	13	13	5	432	36
BEEF HARD TACO	3 1/4 OZW	243	10	12	17	7	347	40
QUESADILLAS	Serv. Size	Calories	Carbs	Protein	Fat	Sat. Fat	Sodium	Cholesterol
CHICKEN QUESADILLA	10 1/2 OZW	865	69	44	45	19	2492	104
PORTABELLO QUESADILLA	9 1/4 OZW	693	78	28	31	16	1528	30
PORK QUESADILLA	10 1/2 OZW	865	69	47	44	20	2258	83
BEEF QUESADILLA	10 1/2 OZW	961	70	46	54	25	2045	94
BURRITOS	Serv. Size	Calories	Carbs	Protein	Fat	Sat. Fat	Sodium	Cholesterol
ANCHO PORTABELLO BURRITO	14 3/4 OZW	691	110	21	19	8	1846	30
ANCHO BEEF BURRITO	16 OZW	959	103	40	42	18	2363	94
MOLE CHICKEN BURRITO	16 OZW	870	102	38	33	12	2763	104
TOMATILLO PORK BURRITO	16 OZW	865	102	41	32	13	2525	83
TACO SALADS	Serv. Size	Calories	Carbs	Protein	Fat	Sat. Fat	Sodium	Cholesterol
BEEF TACO SALAD	16 1/2 OZW	708	60	30	39	15	1795	72
PORK TACO SALAD	16 1/2 OZW	651	59	31	33	11	1923	66
CHICKEN TACO SALAD	16 1/2 OZW	731	60	36	39	13	2450	108
PORTABELLO TACO SALAD	15 1/4 OZW	559	68	19	26	9	1487	34
SIDES	Serv. Size	Calories	Carbs	Protein	Fat	Sat. Fat	Sodium	Cholesterol
CHARRO BEANS	1/2 cup	20	4	1	0.2	0	397	0
CORN TORTILLA CHIPS	3 OZW	520	68	9	26	4.5	790	0
CILANTRO LIME RICE	1/2 cup	130	29	2	0	0	336	0
MEXIRICE	1/2 cup	100	23	2	0	0	240	0
BLACK BEANS, SEASONED	1/2 cup	140	22	8	3	0	500	0
GUACAMOLE	1 OZW	30	20	0.4	3	0.4	71	0
AVOCADO RANCH SALSA DRESSIN	1 OZW	113	2	0.4	12	2	216	6
SALSA RANCH DRESSING	1 OZW	70	2	0.3	7	1	216	4
QUESO	5 OZW	470	4	26	37	25	1760	120
SALSAS	Serv. Size	Calories	Carbs	Protein	Fat	Sat. Fat	Sodium	Cholesterol
FIRE ROASTED TOMATO SALSA	1 OZW	11	2	0.4	0.3	0	131	0
SALSA VERDE	1 OZW	11	2	0.4	0.2	0	166	0
SALSA ROJA	1 OZW	8	2	0.3	0.1	0	175	0
BLACK BEAN & CORN SALSA	1 OZW	36	6	2	0.8	0.1	145	0
SALSA	1 OZW	8	2	0.3	0.1	0	178	0
SAUCES	Serv. Size	Calories	Carbs	Protein	Fat	Sat. Fat	Sodium	Cholesterol
PICO DE GALLO	1 OZW	8	2	0.3	0.1	0	92	0
MOLE SAUCE	1 OZW	38	4	0.8	2	0.4	108	0.2
CHIPOTLE TOMATILLO SAUCE	1 OZW	23	4	0.6	0.9	0.1	82	0.3
ANCHO PEPPER SAUCE	1 OZW	44	7	1	2	0.2	242	0.1
DESSERTS	Serv. Size	Calories	Carbs	Protein	Fat	Sat. Fat	Sodium	Cholesterol
CINNAMON TORTILLA CRISPS	2 3/4 OZW	240	42	5	5	1	410	0
CHURROS	1 1/2 OZW	147.686	16.618	2.015	8.012	2.002	140.092	19.999