

CATERING GUIDE



**Southern Arkansas
University**
Dining Services





Classic Fare[®]

C A T E R I N G



Arrangements

Reservations

To reserve meeting rooms and tables for events, please contact Coordinator of Activities. At least one-week prior to the event, please contact the Catering Office. Most arrangements can be made by phone while some require that an appointment be made.

Guarantee Number

During the initial planning of your event, we request an estimated number of guests. A final guarantee number is required 48 hours prior to the event. You will be financially responsible for 97% of your final guarantee number or the actual number of guests served, whichever is greater. If a guarantee number is not provided prior to 48 hours before the event, your last estimate will be used as your guarantee.

Pricing

All prices are for buffet service. An additional \$1.50 per person will be charged for seated/served meals.

Billing Procedures

Within the College: A purchase order must be requested from the Purchasing Department once an estimated cost or budget has been established. The purchase order must be given to the Catering Office at least two days prior to all events.

Outside the College: A 50% deposit is required to reserve your event at the time of booking. The balance of your account is to be paid at least 48 hours prior to your event. Make all checks payable to ARAMARK.

Special Menus

We will gladly design any menu to meet your needs. This is only a guide, as there are numerous other possibilities. You may contact the Catering Office at 870-235-5007 to discuss your needs.



Breakfast

*All breakfast items are served with appropriate condiments.
Priced per person.*

Quick & Easy

*Fresh baked biscuits stuffed with egg, cheese and sausage.
\$3.75*

The European

*Chilled orange juice, flaky croissants, assorted sliced bagel, assorted
Mini Danish. Served with whipped butter, cream cheese,
and coffee.
\$4.25*

The Continental

*Chilled orange juice, seasonal fresh fruit, assorted mini muffins, assorted
Mini Danish and coffee...
\$4.75*

Belgium Waffle Bar

*Fresh baked Belgium waffles topped with your choices of strawberry or blueberry
Topping, chocolate chips, chopped pecans, melted butter, hot maple
Syrup, whipped topping, and coffee.
\$4.95*

Traditional Buffet

*Scrambled eggs, crispy hash browns, fluffy biscuits and country gravy,
Choice of bacon, sausage, or ham. Served with orange juice
and coffee...
\$5.95*

Deluxe Breakfast Buffet

*Cheese omelets, gourmet hash browns, bacon strips, sausage links, biscuits & gravy,
Fresh fruit tray assorted freshly baked pastries, and coffee.
\$6.95*

SAU Brunch

*Breakfast quiche, cheese omelets, sliced pit ham, roasted red potatoes, French
Toast served with maple syrup, sliced fresh fruit, assorted freshly baked
Pastries and coffee.
\$8.95*





Breaks

All break items are priced per person.

Snack Time

*Assorted snack chex mixes, Goldfish, and mixed nuts.
Served with sodas and coffee.*

\$4.25

Sweet Things

*Assorted Otis Spunkmeyer cookies with
Assorted fresh fruit, coffee and bottled water.*

\$4.50

Heart Healthy

*Sliced fresh fruit, assorted individual yogurt,
Granola bars and bottled water...*

\$5.25

Board Break

*Fresh fruit with fancy fruit dip, assorted fresh vegetables
With ranch dip, cheese and crackers.*

Served with sodas, coffee, and bottled water.

\$5.75



THEME PARTIES

*Selections are priced per person, include paper products &
 are available for carry-out or delivery.
 Minimum guarantee of 10 required*

HER SHOWER...\$6.00

<i>Finger sandwiches</i>	<i>Butter Mints</i>
<i>Fresh fruit tray</i>	<i>Fruit dip</i>
<i>Cheese ball</i>	<i>Gourmet crackers</i>
<i>Fresh vegetable tray</i>	<i>Ranch Dip</i>
<i>Decorated Cake</i>	<i>Mixed nuts</i>

THE SUPER BOWL SUB...\$5

<i>6 foot long hoagie with ham, turkey, cheese, lettuce & tomato</i>	
<i>Mustard</i>	<i>Mayonaise</i>
<i>Ruffles chips</i>	<i>Ranch Dip</i>
<i>Bold Party Mix</i>	<i>Assorted Soft Drinks</i>

A PIZZA PARTY...\$4

<i>Your choice of Bene 2 topping pizza</i>	
<i>Cheese Bread</i>	<i>Marinara Sauce</i>
<i>Cinnamon Sticks</i>	<i>Canned Soft Drinks</i>

FIESTA!...\$5

<i>Nacho Chips</i>	<i>Chili Con Queso</i>
<i>Mini Burritos</i>	<i>Picante Sauce</i>
<i>Cinnamon Crisps</i>	<i>Fruit Punch</i>

HAPPY BIRTHDAY!...\$3

<i>Decorated Cake</i>	<i>Fruit Punch</i>
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ICE CREAM SOCIAL...\$4

<i>Vanilla Ice Cream</i>	<i>Chocolate Ice Cream</i>
<i>Cherries</i>	<i>Strawberry Topping</i>
<i>Chopped Peanuts</i>	<i>Chocolate Syrup</i>
<i>Sprinkles</i>	<i>Whipped Topping</i>

BANANA BOAT BASH...\$6

<i>Vanilla Ice Cream</i>	<i>Chocolate Ice Cream</i>
<i>Bananas</i>	<i>Hot Fudge</i>
<i>Strawberry Topping</i>	<i>Hot Carmel</i>
<i>Cherries</i>	<i>Sprinkles</i>
<i>Chopped Peanuts</i>	<i>Whipped Topping</i>

Reservations must be made a minimum of 48 hours in advance.



Lunches

All lunches are served with appropriate condiments, one choice dessert, iced tea, water and coffee,

Salad Trio

*Your choice of three salads from the “accompaniments page”
of this guide, assorted crackers.*

\$6.25

Chef Salad

*Mixed garden salad served with ham, turkey, cheddar cheese,
tomatoes, and cucumbers,*

Garnished with hard cooked eggs & croutons,

Served with assorted dressings and crackers.

\$7.25

Taco Salad

*Crispy taco shell filled with lettuce, tomatoes, shredded cheese,
Sour cream and your choice of either taco meat or spicy chicken.*

Served with tortilla chips, salsa.

\$7.25

Cashew Chicken Salad

*Grilled chicken breast strips on a bed of mixed greens, garnished with cashews,
Water chestnuts & Chinese noodles, served with a zesty Italian dressing,*

Fresh baked dinner rolls and whipped butter.

\$7.50

Chicken with Pasta

Seasoned chicken breast over a bed of garlic-butter coated pasta

Accompanied by fresh seasonal fruit salad, breadsticks.

\$7.95

Chicken Pasta Salad

*Mixed spiral rotini pasta tossed with Italian seasonings, fresh
Vegetables and julienne chicken breast served hot.*

Fresh fruit salad, sesame crackers.

\$7.95





Sandwich Lunches

All sandwich lunches are served with appropriate condiments, one choice dessert, Iced tea, water and coffee.

Fresh Cold Plate

Chunky chicken salad or tuna salad on a buttery croissant served With leaf lettuce and sliced tomato. Accompanied with fresh pasta salad, Dill pickle spear, and crackers.
\$7.50

Chicken Kaiser

Grilled chicken breast served on a freshly baked Kaiser roll topped with Sliced Swiss cheese. Served with Lay's potato chip and Fresh fruit salad.
\$7.75

Classic American Club

White toast layered with turkey, ham, cheese and bacon. Served with Lay's potato chips and fresh fruit salad.
\$7.75

Deluxe Deli Submarine

Shaved breast of turkey, sliced smoked ham, crisp bacon strips, Swiss cheese, Leaf lettuce, sliced tomatoes all arranged on a deluxe hoagie bun. Includes potato salad and dill pickle spear.
\$7.75

Grilled Chicken Croissant

Grilled chicken breast served on a buttery croissant with Green leaf lettuce, fresh tomatoes and our Special bleu cheese dressing. Accompanied by Lay's potato chips, fresh fruit salad.
\$7.95

Croissant Sandwich

Your choice of turkey and cheese or ham and cheese or chicken salad on a flaky croissant. Served with potato salad and fresh fruit salad.
\$8.25



Dinner Entrees

*Selections include tossed green salad, choice of fresh vegetable, choice of potato,
Rice or pasta, fresh baked rolls with butter, choice of dessert, iced tea, water, coffee.*

Grilled Tenderloin Medallions with Shrimp

*Medium-grilled beef tenderloin medallions served with skewered
Grilled shrimp...
Market Price*

Grilled Tenderloin Medallions

*Tender beef medallions grilled until medium and drizzled with
A burgundy mushroom sauce...
\$18.95*

Prime Rib

*A ten-ounce cut of medium-roasted prime rib served with au jus...
\$16.95*

Filet Mignon

*Medium skewered seasoned filet of beef served with au jus...
\$13.95*

Ribeye Steak

*Grilled 8oz. Seasoned steak served with au jus...
\$12.95*

Roast Beef with Au Jus

*Roasted top round of beef that is sliced and served with au jus...
\$10.95*

Pork Loin

*Medium-baked seasoned pork served with a cherry glaze sauce...
\$10.95*

Glazed Pit Ham

*Honey cured slow-roasted ham glazed with pure honey...
\$9.95*

*Selections include tossed green salad, choice of two fresh vegetable, choice of potato,
Rice or pasta, fresh baked rolls with whipped butter, choice of dessert, iced tea, water, and coffee.*





Pecan Chicken

*Boneless breast of chicken baked with a tasty pecan crust,
Served with a pecan-infused cream sauce...*

\$10.95

Chicken Parmesan

Boneless grilled chicken glazed with marinara sauce served on a bed of noodles...

\$9.75

Basil Chicken

*Lightly sauteed breast of chicken covered with a creamy
Basil enriched cream sauce...*

\$8.50

Chicken Marsala

*Boneless breast of chicken sauteed until golden brown and
Topped with a rich Marsala and mushroom sauce...*

\$9.95

Sesame Chicken

*Breast of chicken coated in a honey-based sauce, pressed
With sesame seeds and baked until crispy...*

\$9.95

Chicken Cordon Bleu

*Thinly sliced smoked ham and Swiss cheese encased in a lightly
Breaded chicken breast...*

\$10.25

Cajun Catfish

*Tender catfish filets coated with Cajun seasonings and
Baked to perfection...*

\$10.75

Salmon Filet

Baked filet served with dill sauce...

\$12.95

Halibut Steak

Grilled Steak served with lemon sauce...

\$12.95

Chicken Cordon Bleu

*Thinly sliced smoked ham and Swiss cheese encased in a lightly
Breaded chicken breast...*

\$10.25



Accompaniments

Salads

*Tossed Green, Spinach with Mushrooms, Caesar, Pasta,
Tomato and Cucumber, Fresh Seasonal Fruit, Green Pea, Marinated
Mushroom, Potato, Marinated Vegetables, Bow-tie Pasta,
Three Bean, Italian Tortellini Salad*

Vegetables

*Fresh Green Beans Almondine, Fresh Broccoli Spears, Fresh Asparagus,
Whole Baby Carrots, Fresh Squash Blend, Fresh Green Beans,
English peas, Black-eyed Peas, Whole Kernel Corn, Corn on the Cob*

Potato, Rice and Pastas

*Rice Pilaf, Wild Rice, Whipped Potatoes, Parsley Buttered Potatoes,
Scalloped Potatoes, Garlic Roasted Potatoes, Roasted Potatoes,
Rosemary Potatoes, Baked Potatoes, Fettucine Alfredo,
Buttered Linguini with Black Olives, Herbed noodles
Twice Baked Potato...\$.50 extra*

Desserts

*Apple Pie, Cherry Pie, Pecan Pie, Fruit Cobbler,
Italian Cream Cake, Chocolate Cream Pie, Strawberry Short Cake,
German Chocolate Cake, Lemon Meringue Pie, Coconut Cream Pie, Chocolate Parfait,
Banana Cream Pie, Pound Cake with Seasonal Berries
New York Cheese Cake ...\$1.00 extra*



Theme Buffets

All theme buffets are decorated with appropriate buffet table decorations and linen.

All buffets are priced per person.

Theme buffets are served with appropriate condiments, iced tea, water and coffee.

Reservations must be made a minimum of one week in advance.

Viva Italiano

Hearty beef lasagna, manicotti stuffed with ricotta cheese, assorted pastas with freshly made sauces. Fresh tossed caesar salad with garlic-buttered breadsticks. Italian creme cake for dessert...

\$8.25

Fiesta Grande

Cheese and chicken enchiladas, beef and shredded chicken tacos, flour tortillas, chili rellanos, refried beans, spanish rice, and a layered taco salad. Pecan pie for dessert...

\$8.50

Bene Pizza

Supreme pizzas with assorted fresh vegetables and assorted meat toppings, assorted pastas with fresh homemade marinara and meat sauce, your choice of salad and garlic breadsticks. New York Style cheesecake for dessert...

\$9.95

Fajita Fiesta

Tender beef and chicken fajitas served with frijoles ranchero, Spanish rice, flour tortillas, sour cream, shredded cheese, Pico de gallo and guacamole. Apple pie for dessert...

\$10.95

Home On The Range

Smoked brisket, plump chicken breast and smoked sausage with BBQ sauce, seasoned pinto beans, buttered corn-on-the-cob, mustard potato salad and corn muffins. Fruit cobbler for dessert...

\$10.95



Traditional Buffets

*All buffets are served with choice of one classic dessert,
Iced tea, water and coffee.*

Reservations for buffets must be made a minimum of one week in advance.

Deli Sandwich Buffet

*Sliced Ham, Turkey, and Roast beef with sliced American and Swiss Cheese,
Sliced tomatoes, onions, dill pickles and leaf lettuce, assorted fresh
Baked breads, served with potato chips and Ranch Dip.*

\$8.95

Old Time Picnic

*Hamburgers and hotdogs, served with baked beans, tater tots, Potato salad,
Fresh fruit salad, and potato chips.*

\$7.50

Southern Style

*Grilled chicken with hamburger buns, baked beans, potato salad,
Coleslaw, and fresh fruit salad.*

\$8.50

Traditional Fish Fry

*Fried catfish filets, home fries, corn nuggets, and hushpuppies served with
Green onions and coleslaw.*

\$9.95

Holiday Buffet

*Baked Pit Ham with honey mustard glaze, roasted turkey breast with giblet gravy,
Cornbread Dressing with cranberry sauce, glazed sweet potatoes,
Green bean casserole, Tossed garden salad with assorted
dressings, fresh baked rolls with whipped butter.*

\$11.95

Deluxe Buffet

*London Broil with mushroom sauce, served with roasted red potatoes,
Vegetable medley, string beans with onions, spinach salad with assorted dressing.
Seasonal fresh fruit display, and fresh baked rolls.*

\$13.95



Hors D'Oeuvres

All hors d'oeuvres are priced by the dozen.

Munchies.....any item \$8 per pound

<i>Spiced Pecans</i>	<i>Mixed Nuts</i>	<i>Bold Party Mix</i>
<i>Chocolate Covered Nuts</i>	<i>Butter Mints</i>	<i>Smooth & Melty Mints</i>

Dips.....any item \$8 per pint

Served with choice of fresh baked nachos, toasted baguettes or Ruffles

<i>Spinach Artichoke Dip</i>	<i>Broccoli Dip</i>	<i>Hot Seafood Dip</i>
<i>Ranch Dip</i>	<i>Salsa</i>	<i>Chili Con Queso</i>

Light Bites.....any item \$8 per pound

<i>Meat Tray Fresh</i>	<i>Vegetable Tray</i>	<i>Fresh Fruit Tray</i>
<i>Cubed Cheese Tray</i>	<i>Cheddar Cheese Ball</i>	<i>Cream Cheese Ball</i>

All American.....any item \$6 per dozen

<i>Finger Sandwiches</i>	<i>Chicken Salad Tarts</i>	<i>Seafood Salad Tarts</i>
<i>Mini Pizza Rolls</i>	<i>Potato Skins</i>	<i>Mini Quiche</i>
<i>Fried Mushrooms</i>	<i>Ham Pinwheels</i>	<i>Fried Cheesesticks</i>
<i>BBQ Smokies</i>	<i>BBQ Meatballs</i>	<i>BBQ Drumettes</i>

The Orient.....any item \$6 per dozen

<i>Mini Eggrolls</i>	<i>Potstickers</i>	<i>Fried Wonton</i>
<i>Sweet Sour Meatballs</i>	<i>Sesame Chicken Tenders</i>	<i>Teriyaki Chicken Tenders</i>

Hot Stuff.....any item \$9. per dozen

<i>Mini Quesadillas</i>	<i>Mini Burritos</i>	
<i>Taquitos</i>	<i>Stuffed Jalapenos</i>	<i>Hot & Spicy Wings</i>

The Luau.....any item \$18. per dozen

<i>Bacon Wrapped Scallops</i>	<i>Jumbo Shrimp</i>	<i>Blackened Shrimp</i>
<i>Coconut Shrimp</i>	<i>Crab cakes</i>	<i>Stuffed Mini Croissants</i>

Carving Station.....\$3 per person

served with Silver Dollar Rolls & condiments

<i>Pit Ham</i>	<i>Roast Beef</i>	<i>Pork Tenderloin</i>
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Party Trays

Any two trays can be combined to form one tray. The higher priced tray applies.

Vegetable Trays

Fresh seasonal vegetables served with Ranch Dip.

\$1.39 per person

Fruit Trays

Assorted cubed fresh seasonal fruit.

\$1.59 per person

Cheese and Cracker Trays

Assorted cubed cheeses served with assorted crackers.

Small (10-20 people).....32.99

Medium (30-40 people).....52.99

Large (80-95 people).....82.99



From the Bakery

All bakery items are sold by the dozen.

<i>Large Muffins.....</i>	<i>5.99</i>
<i>Mini Muffins.....</i>	<i>4.79</i>
<i>Cinnamon Rolls.....</i>	<i>7.99</i>
<i>Mini Cinnamon Rolls.....</i>	<i>5.29</i>
<i>Lemon Bars.....</i>	<i>6.29</i>
<i>Congo Bars.....</i>	<i>6.29</i>
<i>Cupcakes.....</i>	<i>7.29</i>
<i>Mini Danish.....</i>	<i>4.99</i>
<i>Gourmet Cookies.....</i>	<i>6.49</i>
<i>Brownies.....</i>	<i>5.99</i>
<i>Cake Donuts.....</i>	<i>5.99</i>
<i>Glazed Donuts.....</i>	<i>4.39</i>
<i>Petit Fours.....</i>	<i>7.49</i>
<i>Sausage and Cheese Biscuits.....</i>	<i>5.39</i>
<i>Blonde Brownies</i>	<i>6.59</i>

Cakes and Pies

<i>Full Sheet Cake, two layers(70-75 people).....</i>	<i>99.99</i>
<i>Half Sheet Cake, two layers (30-35 people).....</i>	<i>49.99</i>
<i>Quarter Sheet Cake, two layers (20-25 people).....</i>	<i>39.99</i>
<i>Full Sheet Cake, one layer (60-65 people).....</i>	<i>59.99</i>
<i>Half Sheet Cake, one layer (25-30 people).....</i>	<i>29.99</i>
<i>Quarter Sheet Cake, one layer (15-20 people).....</i>	<i>19.99</i>
<i>9-inch Round Cake, two layers (14-16 people).....</i>	<i>19.99</i>
<i>9-inch pie (8 people).....</i>	<i>9.99</i>

*For a price on a decorated cake with your own creation
Please call the catering office.*

Centerpieces

*Floral arrangements and centerpieces may be ordered. We require
a one week notice on all orders. Prices will vary according
to individual needs.*



Beverages

All beverages are priced per serving.

<i>Orange Juice.....</i>	<i>1.09</i>
<i>Apple Juice.....</i>	<i>1.09</i>
<i>Frosted Punch.....</i>	<i>1.49</i>
<i>Sparkling Punch.....</i>	<i>1.29</i>
<i>Stawberry Punch.....</i>	<i>1.49</i>
<i>Lemonade.....</i>	<i>.99</i>
<i>Fruit Punch.....</i>	<i>.99</i>
<i>Iced Tea.....</i>	<i>.99</i>
<i>Coffee.....</i>	<i>1.19</i>
<i>Bottled Sodas (20oz.).....</i>	<i>1.29/each</i>
<i>Bottled Water (16oz.).....</i>	<i>1.29/each</i>

Linens

Rental

<i>Tablecloths.....</i>	<i>7.00 each</i>
<i>Napkins.....</i>	<i>.35 each</i>
<i>Table Skirts.....</i>	<i>20.00 each</i>

Deposits on Linen

<i>Tablecloths.....</i>	<i>25.00 per dozen</i>
<i>Napkins.....</i>	<i>10.00 per fifty</i>
<i>Table Skirts.....</i>	<i>100.00 each</i>

Deposits will be refunded upon return of item(s) and remittance of payment in full.



