

2009
WINNING
MENU!

1st Annual IRON CHEF COMPETITION

O'Brien Hall

Chicken Breast

Stuffed with pesto and wild rice

Rice Pilaf

Vegetable-based dish with red pepper,
carrots, onions, and celery

Peppers

Sautéed yellow, red, and orange peppers

Asian Noodle Salad

With red and green peppers,
green onion, and dressing