

## Pine Manor Dining Services Presents

# Easy Things You Can Do to Become Greener



1. Walk, ride your bicycle or take public transportation whenever possible. You will save fuel and reduce exhaust emissions.

2. Be stingy with paper. Print only when you need to, use both sides of the paper and be sure to recycle when you're done!



3. Get fired up by watching a classic environmental activist flick—check out Erin Brockovich, Soylent Green, The Insider, The Constant Gardener, Sicko, Roger and Me or Silkwood.

4. Eat something organic, and see if you can taste the difference!



5. Shut off the water when you brush your teeth.

6. Spend 1 minute less in the shower. You'll save 1-2 gallons of water (depending on pressure) plus the energy to heat it! Over a year, that's at least 365 gallons!

7. Make a vow not to waste any food---take only what you need---you can ALWAYS have more!



8. Shut off the lights when you leave a room!



9. Buy something re-purposed. The right thrift shop clothes are always chic—and less expensive! Try buying a used bicycle or kayak.

10. Pick up after yourself—and someone else too! Recycling some else's waste is a small step with a big impact on the environment.