



Nutritional Information Sandwiches

Trim California Turkey

Calories: 318
Fat: 5.7 g
Saturated Fat: .9g
Carbohydrates: 44.4 g
Sodium: 1,097.6 mg
Protein: 22.9 g

Trim Chipotle Ham

Calories: 296
Fat: 9.3g
Saturated Fat: 2.8g
Carbohydrates: 30.5g
Sodium: 1,384.9 mg
Protein: 22.1g

Trim Roast Beef

Calories: 296
Fat: 9.3g
Saturated Fat: 2.8g
Carbohydrates: 30.5g
Sodium: 1,384.9 mg
Protein: 22.1g

Trim Tuna Dill

Calories: 356
Fat: 6.2 g
Saturated Fat: .6g
Carbohydrates: 52.6 g
Sodium: 1,452.7mg
Protein: 22.5 g

Trim Salsa Turkey

Calories: 334
Fat: 9.1 g
Saturated Fat: 2.5g
Carbohydrates: 28.2 g
Sodium: 410mg
Protein: 22.9 g

Chicken Salad Sandwich

Calories: 459
Fat: 28.6 g
Saturated Fat: 11.6g
Carbohydrates: 32 g
Sodium: 754.9mg
Protein: 18.9 g

Regular Tuna Salad Sandwich

Calories: 569
Fat: 33.3g
Saturated Fat: 5.1g
Carbohydrates: 38.4 g
Sodium: 1,197.2mg
Protein: 27.7 g