



Item	Serving Size	Calories	Carb (g)	Fiber (g)	Pro (g)	Fat (g)	Sat. Fat (g)	Chol (mg)	Sodium (mg)
<u>Burgers</u>									
4 oz Hamburger	1 each	443	21.3	1	37.2	22.1	8.9	92.8	308.5
6 oz Hamburger	1 each	685	36	2	56.4	33.3	13	139.3	525
Cheese Burger	1 each	523	21.3	1	42.2	28.1	12.9	112.8	448
Double Cheese Burger	1 each	603	21.3	1	47.2	34.1	16.9	132.8	588.5
Sirloin Burger	1 each	672	47	2	49.4	32.8	11.9	154.8	450
Bacon Cheese Burger	1 each	610	21.5	1	48.1	34.8	15	130	818
<u>Chicken</u>									
Philly Chicken Sandwich	1 each	779	53.8	3.4	70.7	30.7	11.2	166.9	964
<u>Other</u>									
Philly Steak Sandwich	1 each	742	53.2	3.4	58.3	32.6	12.4	139.3	1294.2
French Fries	3 oz	287	35	3.5	2.9	15.2	3	0	165
Veggie Burger	1 each	307	38	6.3	23.6	6.5	1.8	0	700.1
Bacon	2 slices	87	0.2	0	5.9	6.7	2.2	17.6	369.6
American Cheese	1 slice	94	2.2	0	5.2	7.1	4.2	22.7	358.6