

The Perch Menu

Open on Freshmen Orientation dates (please see dates below) from 11:00am – 1:30pm

*Menu items may change due to availability

The menu for The Perch will be up-dated on a regular basis as the summer continues.

Monday, June 29 th	Home Zone	<ul style="list-style-type: none"> • Fresh Fish • Jerk Chicken Thighs • Marinated Portabella • Yellow Rice with Black Beans
	Deli	<ul style="list-style-type: none"> • Caesar Wrap
	Chef's Station	<ul style="list-style-type: none"> • Pork Loin with Dijon Cream Sauce • Rosemary Roasted Potatoes • Asparagus with Hollandaise Sauce

Tuesday, June 30 th	Home Zone	<ul style="list-style-type: none"> • Carved Roast Beef with Caramelized Onion Gravy • Chicken Rice and Broccoli • Vegan Couscous with Lentils & Fennel • Mashed Potatoes • Green Beans Almandine • Corn
	Deli	<ul style="list-style-type: none"> • Pressed Cuban
	Chef's Station	<ul style="list-style-type: none"> • Chicken Wings

Thursday, July 9 th	Home Zone	<ul style="list-style-type: none"> • Fresh Fish • Baked Ziti • Black Bean Burger • Confetti Rice • Cauliflower
	Deli	<ul style="list-style-type: none"> • Pressed Roast Beef Quesadilla
	Chef's Station	<ul style="list-style-type: none"> • Carved Turkey Breast with Gravy • Stuffing • Seasoned Peas

Friday, July 10 th	Home Zone	<ul style="list-style-type: none"> • Carved Chicken with Gravy • Country Beef & Vegetable Bake • Veggie Burger • Rice Pilaf • Glazed Carrots • Broccoli
	Deli	<ul style="list-style-type: none"> • Turkey Club Wrap
	Chef's Station	<ul style="list-style-type: none"> • Spaghetti and Meatballs

Monday, July 13 th	Home Zone	<ul style="list-style-type: none"> • Fresh Fish • Chicken Cordon Bleu Casserole • Vegetable Lo Mein • Macaroni & Cheese • Yellow Squash
	Deli	<ul style="list-style-type: none"> • Tarragon Chicken Salad Wrap
	Chef's Station	<ul style="list-style-type: none"> • Carved Meatloaf with Gravy • Mashed Potatoes • Seasoned Peas

Tuesday, July 14 th	Home Zone	<ul style="list-style-type: none"> • Pit Ham with Raisin Sauce • Turkey Stuffing Divan • Vegan White Bean & Eggplant Casserole • Baked Sweet Potatoes • Seasoned Corn • Zucchini
	Deli	<ul style="list-style-type: none"> • Roasted Vegetable Wrap
	Chef's Station	<ul style="list-style-type: none"> • Omelet Station

Eagle View

ORIENTATION

Summer – Fall 2009

Term	Student Type	Orientation Date	Day of the Week
Summer B 2009	Freshman	June 1-2	Monday - Tuesday
Fall 2009	Freshman	June 4-5	Thursday - Friday
Fall 2009	Freshman	June 11-12	Thursday - Friday
Fall 2009	Freshman	June 18-19	Thursday - Friday
Fall 2009	Freshman	June 22-23	Monday - Tuesday
Fall 2009	Freshman	June 25-26	Thursday - Friday
Fall 2009	Freshman	June 29-30	Monday - Tuesday
Fall 2009	Freshman	July 9-10	Thursday - Friday
Fall 2009	Freshman	July 13-14	Monday - Tuesday
Fall 2009	Freshman	July 16-17	Thursday - Friday
Fall 2009	Freshman	July 20-21	Monday - Tuesday
Fall 2009	Freshman	July 23-24	Thursday - Friday
Fall 2009	Freshman	July 27-28	Monday - Tuesday
Fall 2009	Freshman	July 30-31	Thursday - Friday
Fall 2009	Freshman	August 3-4	Monday - Tuesday
Fall 2009	Freshman	August 6-7 (Ghost)	Thursday - Friday
Fall 2009	Freshman	August 13 (Ghost)	Thursday
Fall 2009	Freshman	August 21 (Ghost)	Friday