

Massachusetts College Of Liberal Arts



Classic Fare

Catering

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Breakfast

Continental Breakfast

Choice of Pastry: Bagels, Croissants, Danish, Muffins, Scones, Donuts and Warm Crusty Breads

Choice of Bottled Juice

\$3.89 per person

Fresh Fruit Continental

Bite Size Fresh Fruit served with Granola and Yogurt Dip

Choice of Pastry: Bagels, Croissants, Danish, Muffins, Scones, Donuts and Warm Crusty Breads

Choice of Bottled Juice

\$5.19 per person

Continental Breakfast includes Coffee, Decaf, Tea and Disposable Service Ware



Served Breakfasts

Scrambled Eggs

Choice of Bacon, Link Sausage or Vegan Sausage
Hash Brown Potatoes
Choice of Pastry
Choice of Bottled Juice

\$8.39 per person

Omelets

Choice of Fillings
Hash Brown Potatoes
Choice of Pastry
Choice of Juice

\$9.39 per person

French Toast OR Buttermilk Pancakes

Served with Warm Maple Syrup and Butter
Choice of Bacon, Link Sausage or Vegan Sausage
Choice of Juice

\$7.89 per person

Quiche

Fresh Fruit
Pastry
Juice

\$9.39 per person

Served Meals includes Coffee, Decaf and Teas



Breaks and Bakery

Premium Coffee.....	\$1.09 per person
Assortment of Teas	\$1.09 per person
Hot Chocolate	\$1.09 per person
Apple Cider- seasonal	\$1.09 per person
Sparkling Punch- 30 minimum.....	\$1.09 per person
Individual Fruit Juices.....	\$1.39 per person
Cola Soft Drinks	\$1.09 per person
Bottled Water.....	\$1.39 per person
Flavored Seltzers.....	\$1.49 per person
Scones	\$0.99 each
Danish	\$0.99 each
Donuts	\$0.99 each
Assorted Bagels (baked daily).....	\$0.99 each
Our Bake Shop Muffins	\$0.99 each
Strudel (serves 8)	\$0.99 each
Coffee Cake (serves 8).....	\$0.99 each
Croissants	\$0.99 each
Our Bake Shop Cookies.....	\$0.49 each
Filled Cookies.....	\$0.79 each
Our Bake Shop Brownies.....	\$0.59 each

Please call to inquire about the specials at our Bake Shop



Lite Lunch



Chef Salad.....\$8.39 per person
Fresh greens topped with julienne strips of ham, turkey; bleu, Swiss and cheddar cheeses; hard cooked eggs and tomato wedges. Served with your choice of dressings.

Charbroiled Chicken or Beef Caesar Salad.....\$8.89 per person
A generous portion of fresh field of greens topped with slivered red onions, fresh charbroiled vegetables, feta and your choice of dressing.

Charbroiled Fresh Vegetable Salad\$8.59 per person
A generous portion of fresh field greens with slivered onion, Feta cheese topped with charbroiled fresh vegetables and your choice of dressing.

Anti Pasta Salad.....\$8.39 per person
On a bed of greens, ham, salami, pepperoni, provolone, roasted red peppers. Peppercini, Greek olives and artichoke hearts. Served with carving loaf of bread

Includes dinner rolls and butter, beverage and lite dessert

Wraps\$8.39 per person

- Chicken Caesar
- Roast Beef with lettuce, tomato and boursin cheese
- Roasted Vegetable with red leaf lettuce and hummus
- Turkey Club with lettuce, tomato, bacon and cranberry mayo
- Italian with lettuce, tomato, onion and homemade Italian dressing

Includes beverage and lite dessert

Sandwiches & Box Lunches

Campus Sandwich Crowd Pleaser\$6.79 per person

Assorted Sandwiches including Turkey, Roast Beef, Ham and Tuna Salad served on freshly prepared bread. Accompanied by fresh leaf lettuce, sliced tomatoes, pickle spears, pasta salad, home-style cookies and assorted soft drinks.

Build Your Own Sandwich Buffet.....\$7.99 per person

Includes a selection of meats, cheeses, breads and rolls and two salads. Lettuce, tomatoes, pickles, condiments, cookies or brownies and assorted soft drinks included. Please choose two each from the following categories:

Meats: Turkey Breast, Roast Beef, Salami, Ham, Corned Beef

Cheeses: American, Provolone, Swiss, Cheddar, Muenster, Hot Pepper Jack

Breads: White, Wheat, Rye, Croissants, Pita, Bulky, Sub Roll

Salad: Tossed Garden, Pasta, Potato, Coleslaw

Add On!

Fresh Fruit Salad..... Market Price

Tortellini Salad \$1.79 per person

Soup du Jour \$1.79 per person

Bag Lunches\$7.39 per person

Choice of Turkey, Ham, Roast Beef, Vegetarian, or Peanut Butter and Jelly Sandwich
Whole Fresh Fruit; Potato Chips; Cookies and Water

Executive Box Lunch\$9.49

Choice of: Roast Beef with grainy mustard
Fresh roast turkey with cranberry mayo
Charbroiled salmon with dill mayo
Fresh roasted veggie with hummus

Carrot and Celery Sticks with Hummus

Homemade Chips

Fresh Fruit (seasonal)

Cookies from our Bake Shop

Bottled Water

Disposable Service ware provided

“Buy By the Pound”

Ham\$4.39

Roast Beef\$5.69

Turkey\$4.49

Salami.....\$4.39

Bologna\$2.99

American cheese.....\$3.69

Swiss cheese\$4.39

Pepper jack cheese.....\$3.89



Served Lunch

Chicken Breast Scaloppini Romano

Accompanied with Italian Green Beans and Steak Cut Oven Roasted Potatoes
\$11.69 Per Person

Traditional Meat OR Garden Vegetable Lasagna

Accompanied with Italian Green Beans and Garlic Bread
\$11.69 Per Person

Charbroiled Salmon with Pesto Sauce

Accompanied with baby red bliss potatoes and fresh Broccoli Spears
Market Price

Baked Stuffed Portobello Mushroom

Accompanied with Confetti Rice and Broccoli and Carrot Medley
\$11.69 Per Person

Salads

Garden salad with Balsamic Vinaigrette
Spinach Salad with Korean Dressing
Caesar Salad

Desserts

Apple Pie
Chocolate Cream Pie
Strawberry Shortcake
Chocolate Layer Cake

All Lunches come with rolls and butter,
assorted beverages; coffee or tea,
and your choice of salad and dessert



Buffet Dinner

Choose one item from each selection:

Entrees

Sliced Beef Tenderloin.....	Market Price
Stuffed Boneless Chicken Breast	\$14.79 per person
Chicken Breast Scaloppini Romano.....	\$14.79 per person
Charbroiled Pork Loin.....	\$15.79 per person
Roast Turkey with Sage Stuffing and Cranberry Sauce	\$14.79 per person
Traditional Meat Lasagna	\$12.49 per person
Garden Vegetable Lasagna	\$12.49 per person
Lasagna Roll-Ups	\$12.49 per person
Chicken Breast Marsala	\$14.79 per person
Stuffed Portobello Mushroom	\$14.79 per person
Charbroiled Salmon with Pesto Cream.....	Market Price
Baked Sole Florentine with Sundried Tomato Sauce	Market Price

Ask about our availability of other fish

Accompaniments

- Herbed Red Bliss Potatoes
- Garlic Mashed Potatoes
- Baked Potato with Butter and Sour Cream & Chives
- Wild Rice Pilaf
- Confetti Rice
- Buttered Noodles
- Steak Cut Tri-Colored Potatoes
- Cheddar Mashed Potatoes

Vegetables

- Broccoli Spears
- Baby Carrots
- Green Beans with Grape Tomatoes
- Seasonal Medley
- Kernel Corn with Pimento
- Cauliflower, Broccoli and Carrot Mix
- Zucchini, Summer Squash and Tomato Medley

Desserts

- Selection of Pies
- Strawberry Shortcake
- Brownie Hot Fudge Sundae
- Chocolate Layer Cake
- Cheesecake \$1.79 additional



All dinners come with rolls and butter, assorted beverages or coffee and tea

Inquire about our Carving Stations and Action Stations that are available
“These prices reflect one entrée, \$3.00 charge for each additional entrée.

Party & Reception

Appetizers

Chilled

Cheese and Crackers	\$1.29 per person
With Fresh Fruit.....	\$1.99 per person
Bite Size Seasonal Fruit	Market Price
Vegetable Platter with Dip	\$1.29 per person
Tortilla Chips with Salsa and Sour Cream	\$1.29 per person
with Guacamole	\$1.39 per person
with Black Bean Dip	\$1.49 per person
with Fruit Salsa	\$1.59 per person
Assorted Finger Sandwiches	\$1.09 each
Shrimp Cocktail with sauce.....	Market Price
Cilantro Lime Shrimp	Market Price
Roasted Fresh Vegetables	\$1.99 per person

Hot

Spanikopita	\$0.89 each
Mini Quiche.....	\$0.89 each
Spring Rolls with Sweet and Sour Sauce	\$0.59 each
Asian Meatballs	\$0.59 each
Flat Bread Pizza.....	\$0.89 each
Mini Beef Wellington	\$0.89 each
Wings- Buffalo, BBQ or Teriyaki	\$0.59 each



Meals to Go

Bucket of Chicken

Accompanied with Mashed Potatoes, Gravy, Cole Slaw and Biscuit

\$19.99 (accommodates 4)

Homemade Meat Lasagna

Accompanied with Tossed Salad and Garlic Bread

\$19.99 (accommodates 4)

Cheese Manicotti

Accompanied with Tossed Salad and Garlic Bread

\$19.99 (accommodates 4)

Homemade Pizza

\$8.99 (cut in 8 slices) Your Choice of Toppings

Offered Monday through Friday. Call to order 48 hours in advance. For assurance be sure to speak to someone when you place the order and let us know your source of payment and pick up time.



Barbeque & Picnic

Backyard Barbecue

Hamburgers, Hot Dogs, Garden Burgers
Lettuce, Tomato, Onions and Pickles
Sliced Cheese
Garden Salad with Balsamic Vinaigrette
Potato Salad
Chilled Soft Drinks
Sliced Watermelon
Assorted Home-style Cookies
\$10.19 per person

BBQ Cookout

BBQ Chicken and Vegan Chicken
Garden Salad with Balsamic Vinaigrette
Baked Potato with Butter and Sour Cream
Corn on the Cob
Biscuits and Butter
Chilled Soft Drinks
Sliced watermelon
Marble Brownies
\$11.79 per person

Five Foot Grinder Tailgate

Choice of: Italian, Turkey, Ham, Roast beef, or Vegetarian
Pickles
Potato Chips
Cole Slaw
Chilled Soft Drinks
Brownies
\$8.99 per person

“Just 5’ Grinder \$55.00

“Just 3’ Grinder \$25.00

All selection served with disposable service ware.



